

HOFFMAN'S HOOPS ACADEMY

Player Development Instruction

What is Hoffman's Hoops Academy?

Brian Hoffman, who is dedicated to providing personal attention to help develop your basketball skills, created Hoffman's Hoops Academy. Coach Hoffman has provided individualized instruction to every level of basketball player from beginner to professional basketball players. Sessions will be individualized based on each player's skill level and experience to reach their fullest potential. Coach Hoffman provides one on one instruction as well as group work and camp settings.

What can you expect to learn?

Shooting Skills: Develop fundamental and advanced techniques to increase your shooting range, develop confidence, and become a more consistent shooter.

Offensive Skills: Learn over 50 NBA finishing moves to use against every type of defender. Develop 35 ways to attack out of the triple-threat attack position. Learn how to perfect the art of the pull-up jump shot. Learn the keys to getting open versus all types of pressure, how to attack from the weak side, how to pass attack, run and slash, and developing moves the pros use to become an offensive threat.

Ball Handling Skills: Learn over 300 ball-handling drills that will make you an excellent ball handler versus any type of defensive pressure. You will learn stationary, straight line moves, change of direction moves, two and three ball dribbling series, as well as NBA moves such as the LeBron James series, and Steve Nash Series.

Post Position Skills: Learn almost 60 post moves to score versus any type of defense. Be able to get open versus any defender, score before you get the ball, score with your back to the basket, and learn the pro stance to score.

Defensive Skills: Coach Hoffman will teach important fundamentals of defense like: Correct stance, controlling the dribbler, defending the catch, post defense, stopping a great shooter, and learning positioning away from the ball are just some of the various skills you will learn.

Passing Skills: Often the most neglected skill in basketball, you will learn one hand passing, two hand passing, post entry and pick and roll passing, passing off of the dribble, as well as dribble penetration passing.

Now available for the summer and fall:

COACHES: Is your team looking for an edge in practice and in games? Let Coach Hoffman help develop your summer, fall, and winter teams. With only one hour per week, Coach Hoffman can help develop your team's fundamentals as well as incorporate innovative drills, which will help develop your team faster. Coaches at all levels can benefit from this comprehensive guide of skill development training and offensive and defensive concepts.

How do I start?

Visit: www.HOFFMANSHOOPSACADEMY.com or contact Brian Hoffman at (402) 650-7648 to schedule an appointment today. Sessions are filling fast; call now to reserve your time.

Follow on Twitter @HoffmansHoops1 and Facebook at Hoffmans Hoops Academy

